

MARCH 2020

Assisted and Independent Living 😊 Recreation Weekly Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23	24	25	26	27	28
<p>10:00 Exercise In the Fairmont Residents Choice (only 10 allowed first come first serve)</p> <p>1:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p> <p>*We will be leaving notes of inspiration and prayer*</p>	<p>9:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p> <p>10:00 Stronger for Seniors (FR) (only 10 allowed First come first serve)</p> <p>10:30 Hallway Bingo 5th 10:30 6th 11:00 7th 11:30 8th 12:00 9th 12:30 10th 1:00 (Please join us outside your door for two rounds of BINGO)</p> <p>2:00 Root Beer Floats Let sock hop our way down the hall 50's style. (We will start on the 5th floor and make our way on up)</p> <p>4:00 Activity Cart (Perfect time to leave us what you are done with and pick up more)</p>	<p>9:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p> <p>10:00 Yoga for Seniors (FR) (only 10 allowed First come first serve)</p> <p>10:30 Hallway Can Jam 5th 10:30 6th 11:00 7th 11:30 8th 12:00 9th 12:30 10th 1:00 (Please join us outside your door for two rounds of Can Jam)</p> <p>2:00 Summer Smoothies Let's bring on the warm weather. (We will start on the 10th floor and make our way on down)</p> <p>4:00 Activity Cart (Perfect time to leave us what you are done with and pick up more)</p>	<p>9:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p> <p>10:00 Stronger for Seniors (FR) (only 10 allowed First come first serve)</p> <p>10:00 Mid-Morning Munchies Let's bring back the 70's with peace and love. (We will start on the 5th floor and make our way on up.)</p> <p>1:00 Hallway Hang Out (Time to test your skills with target practice and mini golf) 5th 1:00 6th 1:45 7th 2:30 8th 3:15 9th 4:00 10th 4:45 (If you don't want to participate sit back and enjoy a cold Beer/Root Beer)</p> <p>4:00 Activity Cart (Perfect time to leave us what you are done with and pick up more)</p>	<p>9:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p> <p>10:00 Yoga for Seniors (FR) (only 10 allowed First come first serve)</p> <p>10:30 Hallway Bingo 5th 10:30 6th 11:00 7th 11:30 8th 12:00 9th 12:30 10th 1:00 (Please join us outside your door for two rounds of Bingo)</p> <p>2:00 Hawaiian Mocktail and Cocktails Let our imagination take to the island of Maui (We will start on the 10th floor and make our way on down)</p> <p>4:00 Activity Cart (Perfect time to leave us what you are done with and pick up more)</p>	<p>9:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p> <p>10:00 Yoga for Seniors (FR) (only 10 allowed First come first serve)</p> <p>10:00 Mid-Morning Munchies Let Elvis deliver the goods! (We will start on the 5th floor and go up)</p> <p>Afternoon Wine and cheese 5th 1:00 6th 1:30 7th 2:00 8th 2:30 9th 3:00 10th 3:30 (Please join us outside your door for our Hallway wire and cheese)</p> <p>4:00 Activity Cart (Perfect time to leave us what you are done with and pick up more)</p>	<p>10:00 Dance Party Fitness (FR) (Only 10 allowed first come first serve)</p> <p>1:00 Activity Cart (please leave your door hanger outside so we can leave what you want)</p>

Hallway recreation is a fun time for all who want to participate. Please be patient with the noise in the hall. (activity time are an estimate time of arrival)