

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**KEY:**  
 Fairmont (FR)  
 Wilmington (WR)  
 Exercise Room (E5/E9)  
 Business Center (BC)  
 Hive on Five (H5)  
 Theater (TR)  
 First Floor Lobby (L1)  
 Personal Expense (\$)  
 Pool Table (F8)  
 Library (L)  
 \*Sign Up Required

# August 2019

## Legacy Village of Sugar House



<p>11:00 Ted Talks (TR) <b>4</b></p> <p>1:30 Movie: Documentary Replay (TR)</p> <p>2:00 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center (L1)*\$ <b>5</b></p> <p>10:30 Fitness Class: Stretch and Strength with Bands (FR)</p> <p>11:15 Store Loop: West Sugar House Smiths, Walgreens, Bank (L1)*</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:30 Jewelry Class: Call Button Necklaces(H5)</p> <p>4:00 Mind Benders: Cranium Crushers (BC)</p> <p>6:30 Movie (Comedy) (TR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>6</b></p> <p>TBD Travelogue: Europe with Dr Leppert (TR)</p> <p>1:00 Bridge (WR)</p> <p>1:30 Poetry (BC)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Creative Crafts (FR)</p> <p>2:30 Afternoon Fitness Class: Walk at Home DVD (FR)</p> <p>3:30 Oprah's Summer List Book Club "The Last Book Party"- Karen Dukess (WR)</p> <p>6:30 Movie (Action) (TR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR) <b>7</b></p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>11:30 Out to Lunch: Porcupine Grill (L1)*\$</p> <p>1:30 Matinee (TR)</p> <p>2:00 Game Time: Rummikub (H5)</p> <p>2:30 Lego Building w/ Sprague Library (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>4:00 Men's Social Club (WR)</p> <p>6:15 Ice Cream Social (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>8</b></p> <p>11:00 Game System: Wii Sports (TR)</p> <p>11:00 Entertainment: Chris Hough from Heart and Soul (FR)</p> <p>1:30 Matinee (New Release Replay) (TR)</p> <p>1:30 Outing: This is the Place Heritage Park "Children's Pioneer Memorial" (L1)*</p> <p>2:00 Fitness Class: Head to Toe (FR)</p> <p>3:00 Smart Phone, Tablet and Internet Training (BC)</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center (L1)*\$ <b>9</b></p> <p>10:00 Fitness Class: Minding Motion (FR)</p> <p>11:00 Bingo (H5)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: East Sugar House Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>4:00-5:30 Wine and Cheese Social (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC) <b>10</b></p> <p>10:30 Fitness Class: Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary- "I Am Not Your Negro"(TR)</p>
<p>11:00 Ted Talks (TR) <b>11</b></p> <p>1:30 Movie: Documentary Replay (TR)</p> <p>2:00 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p><i>Elvis Week</i> <b>12</b></p> <p>8:30 Fairmont Aquatic Center (L1)*\$</p> <p>10:30 Fitness Class: Stretch and Strength with Bands (FR)</p> <p>11:15 Store Loop: Brickyard Plaza- Harmons, Kohl's, TJ Maxx and More (L1)*</p> <p>2:00 Matinee "Viva Las Vegas" (TR)</p> <p>2:00 "Elvis" Bingo (FR)</p> <p>3:00 Resident Council (FR)</p> <p>4:00 Mind Benders: Cranium Crushers (BC)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:30 Entertainment: Rockin' Dave -Tribute to Elvis (FR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>13</b></p> <p>11:00 Travelogue: Graceland (TR)</p> <p>1:00 Bridge (WR)</p> <p>1:30 Poetry "Elvis Presley" (BC)</p> <p>1:30 Matinee "Jailhouse Rock" (TR)</p> <p>2:00 Creative Crafts (FR)</p> <p>2:30 Afternoon Fitness Class: Walk at Home DVD (FR)</p> <p>3:30 Oprah's Summer List Book Club "The Night"- Elie Wiesel (WR)</p> <p>6:30 Movie (Action) (TR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR) <b>14</b></p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>1:30 Matinee "King Creole" (TR)</p> <p>2:30 Game Time: Rummikub (H5)</p> <p>2:30 Leap into Science Family Network w/ Sprague Library (FR)</p> <p>3:30 Mini Manicures(H5)</p> <p>4:00 Men's Social Club (WR)</p> <p>5:00 Out to Dinner: Bombay House (L1)*\$</p> <p>6:15 Elvis Pound Cake Dessert (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>15</b></p> <p>11:00 Game System: Wii Sports (TR)</p> <p>1:30 Matinee "Loving You" (TR)</p> <p>1:30 Outing: Color Me Mine "Painting Pottery" (L1)*\$</p> <p>2:00 Fitness Class: Head to Toe (FR)</p> <p>2:30 David's Food Demo: Elvis's Peanut Butter, Bacon and Bananas Sandwich (h5)</p> <p>3:00 Smart Phone, Tablet and Internet Training (BC)</p> <p>3:30 Gamers Group: Jeopardy Trivia "Elvis Fun Facts" (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center (L1)*\$ <b>16</b></p> <p>10:00 Fitness Class: Minding Motion (FR)</p> <p>11:00 Bingo (H5)</p> <p>1:00 Exercise Machine Class (E5/E9)</p> <p>1:30 Matinee "Blue Hawaii" (TR)</p> <p>1:30 Store Loop: East Sugar House Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>4:30-6:00 Wine and Cheese Social with Special Guest (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC) <b>17</b></p> <p>10:30 Fitness Class: Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary- "Elvis Presley: From the Beginning to the End" (TR)</p>
<p>11:00 Ted Talks (TR) <b>18</b></p> <p>1:30 Movie: Documentary Replay (TR)</p> <p>2:00 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center (L1)*\$ <b>19</b></p> <p>10:30 Fitness Class: Stretch and Strength with Bands (FR)</p> <p>11:15 Store Loop: West Sugar House Smiths, Walgreens, Bank (L1)*</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:30 Jewelry Class: Call Button Necklaces (H5)</p> <p>4:00 Mind Benders: Cranium Crushers (BC)</p> <p>6:30 Movie (Comedy) (TR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>20</b></p> <p>11:00 Travelogue: David's Trip to France (TR)</p> <p>1:00 Bridge (WR)</p> <p>1:30 Poetry (BC)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Creative Crafts (FR)</p> <p>2:30 Afternoon Fitness Class: Walk at Home DVD (FR)</p> <p>3:30 Oprah's Summer List Book Club "The Night"- Elie Wiesel (WR)</p> <p>6:30 Movie (Action) (TR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR) <b>21</b></p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>11:30 Out to Lunch: Chile-Tepin (L1)*\$</p> <p>1:30 Matinee (TR)</p> <p>2:00 Speaker: Tim Chambless (FR)</p> <p>2:30 Game Time: Rummikub (H5)</p> <p>3:30 Mini Manicures (H5)</p> <p>3:30 Back to School Craft w/Sprague Library (FR)</p> <p>4:00 Men's Social Club (WR)</p> <p>6:15 Ice Cream Social (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>22</b></p> <p>11:00 Game System: Wii Sports (TR)</p> <p>1:30 Matinee (New Release Replay) (TR)</p> <p>1:30 Outing: Clark Planetarium Hanson Dome Movie "Expedition Reef" (L1)*\$</p> <p>2:00 Fitness Class: Head to Toe (FR)</p> <p>3:00 Smart Phone, Tablet and Internet Training (BC)</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center (L1)*\$ <b>23</b></p> <p>10:00 Fitness Class: Minding Motion (FR)</p> <p>11:00 Bingo (H5)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: East Sugar House Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>4:00-5:30 Wine and Cheese Social (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC) <b>24</b></p> <p>10:30 Fitness Class: Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary- "Bombshell: The Hedy Lamarr Story" (TR)</p>
<p>11:00 Ted Talks (TR) <b>25</b></p> <p>1:30 Movie: Documentary Replay (TR)</p> <p>2:00 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center (L1)*\$ <b>26</b></p> <p>10:30 Fitness Class: Stretch and Strength with Bands (FR)</p> <p>11:15 Store Loop: Trader Joe's (L1)*</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:30 Jewelry Class: Call Button Necklaces (H5)</p> <p>4:00 Mind Benders: Cranium Crushers (BC)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:30 Entertainment: The Mixed Nuts (FR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>27</b></p> <p>11:00 Travelogue: Vietnam (TR)</p> <p>1:00 Bridge (WR)</p> <p>1:30 Poetry (BC)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Creative Crafts (FR)</p> <p>2:30 Afternoon Fitness Class: Walk at Home DVD (FR)</p> <p>3:30 Oprah's Summer List Book Club "The Night"- Elie Wiesel (WR)</p> <p>6:30 Movie (Action) (TR)</p> <p>6:30 Entertainment: Wayne Hovey (FR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR) <b>28</b></p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>1:30 Matinee (TR)</p> <p>2:30 Game Time: Rummikub (H5)</p> <p>3:30 Mini Manicures (H5)</p> <p>3:30 Kidding Around Yoga w/Sprague Libr. (FR)</p> <p>4:00 Men's Social Club (WR)</p> <p>5:00 Out to Dinner: Kyoto Japanese Restaurant (L1)*\$</p> <p>6:15 Ice Cream Social (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga for Seniors (FR) <b>29</b></p> <p>11:00 Game System: Wii Sports (TR)</p> <p>1:30 Matinee (New Release Replay) (TR)</p> <p>2:00 Fitness Class: Head to Toe (FR)</p> <p>3:00 Smart Phone, Tablet and Internet Training (BC)</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center (L1)*\$ <b>30</b></p> <p>10:00 Fitness Class: Minding Motion (FR)</p> <p>11:00 Bingo (H5)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: East Sugar House Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>3:00 New Resident Orientation (FR)</p> <p>TBD Overnight Stay: Wendover (L1)*\$</p> <p>4:00-5:30 Newcomers Social with Music from Scott Larrabee (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC) <b>31</b></p> <p>10:30 Fitness Class: Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary- "Heal" (TR)</p>



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2019

## *Legacy Village of Sugar House Cottage*

					Gussy Up Fitness: Chair Yoga & TheraBands Hydration/Snack Book Club/Creative Story Travelogue Sense and Sensibility Game Lunch Singing Time Sorting Things Game Price is Right Hydration/Snack Crafty Creations Dinner	<b>1</b>	Gussy up Daily News "Salt Lake Tribune" Hydration/Snack Target Practice Fitness: Minding Motion Discuss and Recall Lunch Memory Match & Tray Walking Club Cooking with the Cottage Bingo Dinner	<b>2</b>	Morning Connections Chair Tai Chi Hydration/Snack Music Appreciation Auction Off Game Lunch Color Me Calm Hydration and Snack Afternoon Matinee with Popcorn Dinner Relaxation Station	<b>3</b>			
Morning Connections Balloon Volleyball Hydration/Snack Price is Right Lunch Can You Picture This 2:00 LDS Sacrament Meeting Hydration/Snack Root Beer Float Social Summer Reminiscing Dinner	<b>4</b>	Gussy Up Fitness Class: Parachute Hydration/Snack Easy Does it Brain Games Golf Sing Along Lunch Sports and Games: Noodle Javelin Outing: Clark Planetarium Noodle Ball Hydration/Snack Scenic Drive Dinner Mini Manicures with Safa	<b>5</b>	Gussy Up Fitness Class: Weights Hydration/Snack Daily Chronicle "A Day in History" Basketball Hang Man Lunch Movie in the Theater Hydration/Snack Entertainment Reminisce Dinner Dive into Dessert with Safa	<b>6</b>	Gussy Up Music & Movement & Motion Hydration/Snack Scene It Game "Can you Guess it" Walking Club: "Welcome to my Neighborhood" Lunch Sit and Dance with Becky Hydration/Snack Word Ladder "Rhyme Time" Reminiscing "Discuss and Recall" Country Cottage Bowling League Dinner Ice Cream Social	<b>7</b>	Gussy Up Fitness: Chair Yoga & TheraBands Hydration/Snack Book Club/Creative Story Travelogue Sense and Sensibility Game Lunch Singing Time Sorting Things Game Price is Right Hydration/Snack Crafty Creations Dinner	<b>8</b>	Gussy up Daily News "Salt Lake Tribune" Hydration/Snack Target Practice Fitness: Minding Motion Discuss and Recall Lunch Memory Match & Tray Walking Club Cooking with the Cottage Bingo Dinner	<b>9</b>	Morning Connections Chair Tai Chi Hydration/Snack Music Appreciation Auction Off Game Lunch Color Me Calm Hydration and Snack Afternoon Matinee with Popcorn Dinner Relaxation Station	<b>10</b>
Morning Connections Balloon Volleyball Hydration/Snack Price is Right Lunch Can You Picture This 2:00 LDS Sacrament Meeting Hydration/Snack Root Beer Float Social Summer Reminiscing Dinner	<b>11</b>	Gussy Up Fitness Class: Parachute Hydration/Snack Easy Does it Brain Games Golf Sing Along Lunch Sports and Games: Noodle Javelin Noodle Ball Hydration/Snack Scenic Drive Dinner Mini Manicures with Safa	<b>12</b>	Gussy Up Fitness Class: Weights Hydration/Snack Daily Chronicle "A Day in History" Basketball Hang Man Lunch Movie in the Theater Hydration/Snack Entertainment Reminisce Dinner Dive into Dessert with Safa	<b>13</b>	Gussy Up Music & Movement & Motion Hydration/Snack Scene It Game "Can you Guess it" Walking Club: "Welcome to my Neighborhood" Lunch Sit and Dance with Jared Hydration/Snack Word Ladder "Rhyme Time" Reminiscing "Discuss and Recall" Country Cottage Bowling League Dinner Ice Cream Social	<b>14</b>	Gussy Up Fitness: Chair Yoga & TheraBands Hydration/Snack Book Club/Creative Story Travelogue Sense and Sensibility Game Lunch Singing Time Sorting Things Game Price is Right Hydration/Snack Crafty Creations Dinner	<b>15</b>	Gussy up Daily News "Salt Lake Tribune" Hydration/Snack Target Practice Fitness: Minding Motion Discuss and Recall Lunch Memory Match & Tray Walking Club Cooking with the Cottage Bingo Dinner	<b>16</b>	Morning Connections Chair Tai Chi Hydration/Snack Music Appreciation Auction Off Game Lunch Color Me Calm Hydration and Snack Afternoon Matinee with Popcorn Dinner Relaxation Station	<b>17</b>
Morning Connections Balloon Volleyball Hydration/Snack Price is Right Lunch Can You Picture This 2:00 LDS Sacrament Meeting Hydration/Snack Root Beer Float Social Summer Reminiscing Dinner	<b>18</b>	Gussy Up Fitness Class: Parachute Hydration/Snack Easy Does it Brain Games Golf Sing Along Lunch Sports and Games: Noodle Javelin Noodle Ball Hydration/Snack Scenic Drive Dinner Mini Manicures with Safa	<b>19</b>	Gussy Up Fitness Class: Weights Hydration/Snack Daily Chronicle "A Day in History" Basketball Hang Man Lunch Movie in the Theater Hydration/Snack Entertainment Reminisce Dinner Dive into Dessert with Safa	<b>20</b>	Gussy Up Music & Movement & Motion Hydration/Snack Scene It Game "Can you Guess it" Walking Club: "Welcome to my Neighborhood" Lunch Sit and Dance with Becky Hydration/Snack Word Ladder "Rhyme Time" Reminiscing "Discuss and Recall" Country Cottage Bowling League Dinner Ice Cream Social	<b>21</b>	Gussy Up Fitness: Chair Yoga & TheraBands Hydration/Snack Book Club/Creative Story Travelogue Sense and Sensibility Game Lunch Singing Time Sorting Things Game Price is Right Hydration/Snack Crafty Creations Dinner	<b>22</b>	Gussy up Daily News "Salt Lake Tribune" Hydration/Snack Target Practice Fitness: Minding Motion Discuss and Recall Lunch Memory Match & Tray Walking Club Cooking with the Cottage Bingo Dinner	<b>23</b>	Morning Connections Chair Tai Chi Hydration/Snack Music Appreciation Auction Off Game Lunch Color Me Calm Hydration and Snack Afternoon Matinee with Popcorn Dinner Relaxation Station	<b>24</b>
Morning Connections Balloon Volleyball Hydration/Snack Price is Right Lunch Can You Picture This 2:00 LDS Sacrament Meeting Hydration/Snack Root Beer Float Social Summer Reminiscing Dinner	<b>25</b>	Gussy Up Fitness Class: Parachute Hydration/Snack Easy Does it Brain Games Golf Outing: Out to Lunch "Olive Garden" Sing Along Lunch Sports and Games: Noodle Javelin Noodle Ball Hydration/Snack Scenic Drive Dinner Mini Manicures with Safa	<b>26</b>	Gussy Up Fitness Class: Weights Hydration/Snack Daily Chronicle "A Day in History" Basketball Hang Man Lunch Movie in the Theater Hydration/Snack Entertainment Reminisce Dinner Dive into Dessert with Safa	<b>27</b>	Gussy Up Music & Movement & Motion Hydration/Snack Scene It Game "Can you Guess it" Walking Club: "Welcome to my Neighborhood" Lunch Sit and Dance with Jared Hydration/Snack Word Ladder "Rhyme Time" Reminiscing "Discuss and Recall" Country Cottage Bowling League Dinner Ice Cream Social	<b>28</b>	Gussy Up Fitness: Chair Yoga & TheraBands Hydration/Snack Book Club/Creative Story Travelogue Sense and Sensibility Game Lunch Singing Time Sorting Things Game Price is Right Hydration/Snack Crafty Creations Dinner	<b>29</b>	Gussy up Daily News "Salt Lake Tribune" Hydration/Snack Target Practice Fitness: Minding Motion Discuss and Recall Lunch Memory Match & Tray Walking Club Cooking with the Cottage Bingo Dinner	<b>30</b>	Morning Connections Chair Tai Chi Hydration/Snack Music Appreciation Auction Off Game Lunch Color Me Calm Hydration and Snack Afternoon Matinee with Popcorn Dinner Relaxation Station	<b>31</b>