

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

## Legacy Village of Sugar House



<p>11:00 Ted Talks (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 Travelogue: The Scripture of Nature (TR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:00 Movie Planning Meeting (FR)</p> <p>3:30 Jewelry Class (WR)</p> <p>4:00 Triominos (H5)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:15 Monday Milkshakes (H5)</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:15 Store Loop: West Sugar House Smiths, Walgreens, Bank (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Brain Games (BC)</p> <p>3:00 Paint and Sip with Fedora (H5)</p> <p>6:30 Movie (Action) (TR)</p> <p>6:30 Mardi Gras Celebration: Live Music, Dancing, &amp; Food (H5 &amp; FR)</p> <p>Mardi Gras</p>	<p>10:00 Fitness Class: Stronger Seniors (FR)</p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:30 Mini Manicures (H5)</p> <p>4:00 Men's Social Club: Poker (WR)</p> <p>5:00 Out to Dinner: Sicilia Mia (L1) *\$</p> <p>6:15 Waffle Love (H5)</p> <p>6:30 Movie (New Release) (TR)</p> <p>Ash Wednesday</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:00 Pet Play Group (FR)</p> <p>1:30 Matinee- New Release Replay (TR)</p> <p>2:30 Outing: Pioneer Memorial Museum (L1)*\$</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:15 Throwback Summer Thursdays: Watermelon Smoothies (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center: (L1)*\$</p> <p>10:00 Bingo (H5)</p> <p>11:00 Fitness Class: Minding Motion (FR)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: East Sugar House - Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>4:00-5:30 Newcomers Social with Dave (H5)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC)</p> <p>10:30 Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary-Planet Earth (TR)</p>
<p>11:00 Ted Talks (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 Travelogue: The Last Refuge (TR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:00 Resident Council Meeting (FR)</p> <p>3:30 Jewelry Class (WR)</p> <p>4:00 Triominos (H5)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:15 Monday Milkshakes (H5)</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:15 Store Loop: Brickyard, Harmons, Kohls, and More (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Brain Games (BC)</p> <p>3:00 Spring Time Craft with Fedora (H5)</p> <p>6:15 Sweet Creations with Safa (H5)</p> <p>6:30 Movie (Action) (TR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR)</p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>1:30 Matinee (TR)</p> <p>2:30 Speaker: Encompass - Brain Health (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>4:00 Men's Social Club (WR)</p> <p>5:00 Out to Dinner: Little America (L1) *\$</p> <p>6:15 Waffle Love (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:00 Pet Play Group (FR)</p> <p>1:30 Matinee- New Release Replay (TR)</p> <p>2:30 Cooking Class with Debbie (H5)</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:15 Throwback Summer Thursdays: Watermelon Smoothies (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center: (L1)*\$</p> <p>10:00 Bingo (H5)</p> <p>11:00 Fitness Class: Minding Motion (FR)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: East Sugar House - Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>4:00-5:30 Wine and Cheese Social (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC)</p> <p>10:30 Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:00 Outing: Shen Yun (L1)*\$</p> <p>6:30 Movie: Documentary- The Seventies, by Tom Hanks (TR)</p>
<p>11:00 Ted Talks (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p> <p>Daylight Saving Time Begins</p>	<p>8:30 Fairmont Aquatic Center (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 Travelogue with Dave: Ireland (FR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:30 Jewelry Class (WR)</p> <p>4:00 Triominos (H5)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:15 Monday Milkshakes (H5)</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:15 Store Loop: West Sugar House Smiths, Walgreens, Bank (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Brain Games (BC)</p> <p>3:00 Paint and Sip with Fedora (H5)</p> <p>6:15 Sweet Creations with Safa (H5)</p> <p>6:30 Movie (Action) (TR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR)</p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Speaker: Tim Chambless (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>4:00 Men's Social Club: Pool (8<sup>th</sup> Floor)</p> <p>5:00 Out to Dinner: Market Street Grill (L1)*\$</p> <p>6:15 Waffle Love (H5)</p> <p>6:30 Movie (New Release) (TR)</p> <p>Spring Begins</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:00 Pet Play Group (FR)</p> <p>1:30 Matinee- New Release Replay (TR)</p> <p>2:30 Cooking Class with Debbie (H5)</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:15 Throwback Summer Thursdays: Watermelon Smoothies (H5)</p> <p>6:30 Movie (Drama) (TR)</p> <p>Purim</p>	<p>9:30 Fairmont Aquatic Center: (L1)*\$</p> <p>10:00 Bingo (H5)</p> <p>11:00 Fitness Class: Minding Motion (FR)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: East Sugar House- Walmart, Fresh Market, MACU (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>4:00-5:30 Wine and Cheese Social (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC)</p> <p>10:30 Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary- The Seventies, by Tom Hanks (TR)</p>
<p>11:00 Ted Talks (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p> <p>St. Patrick's Day</p>	<p>8:30 Fairmont Aquatic Center (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 Travelogue: The Empire of Grandeur (TR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Bingo (FR)</p> <p>3:30 Jewelry (FR)</p> <p>4:00 Triominos (H5)</p> <p>6:15 Monday Milkshakes (H5)</p> <p>6:30 Entertainment: Mixed Nuts (FR)</p> <p>6:30 Movie (Comedy) (TR)</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>10:00- 4:00 Podiatrist</p> <p>11:15 Store Loop: Trader Joes (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Brain Games (BC)</p> <p>3:00 Spring Time Craft with Fedora (H5)</p> <p>6:15 Sweet Creations with Safa (H5)</p> <p>6:30 Movie (Action) (TR)</p>	<p>10:00 Fitness Class: Stronger Seniors (FR)</p> <p>11:00 Bingo (H5)</p> <p>11:15 Preschool Story Time (FR)</p> <p>1:30 Matinee (TR)</p> <p>2:00 Presentation: Red Rock Health Fair (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>4:00 Men's Social Club (WR)</p> <p>5:00 Out to Dinner: Log Haven (L1) *\$</p> <p>6:15 Waffle Love (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga w/ Isabelle (FR)</p> <p>11:00 Pet Play Group (FR)</p> <p>1:30 Matinee- New Release Replay (TR)</p> <p>2:30 Outing: Aquarium (L1)*\$</p> <p>3:30 Gamers Group: Jeopardy Trivia (H5)</p> <p>6:15 Throwback Summer Thursdays: Watermelon Smoothies (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center: (L1)*\$</p> <p>10:00 Bingo (H5)</p> <p>11:00 Fitness Class: Minding Motion (FR)</p> <p>1:30 Matinee (TR)</p> <p>1:30 Store Loop: Downtown Harmons (L1)*</p> <p>2:00 Color Me Calm (H5)</p> <p>3:00 New Resident Orientation (FR)</p> <p>4:00-5:30 New Comers Social (H5)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC)</p> <p>10:30 Stronger Seniors (FR)</p> <p>1:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary- The Seventies, by Tom Hanks (TR)</p>
<p>11:00 Ted Talks (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p><b>KEY:</b> Fairmont (FR) Wilmington (WR) Exercise Room (E5/E9) Business Center (BC) Hive on Five (H5) Theater (TR) First Floor Lobby (L1) Personal Expense (\$) Pool Table (F8) Library (L) Sign Up Required (*)</p>					





Sunday

Monday

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Wednesday

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Friday

Saturday

# March 2019

## Legacy Village of Sugar House Cottage

										Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking Class "Peanut Butter Day" Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement		1	Morning Connections Morning Exercise Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement		2
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	3	Morning Connections Trivia: March Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	4	Gussy Up Daily Chronical Hydration/Snack Fitness Fun Set Up for Lunch Cottage Involvement Scenic Drive/ Arm Chair Travel Hydration/Snack Mardi Gras Party with Don Bennion Set Up for Dinner Cottage Involvement Relaxation Station National Beads Day! <small>Mardi Gras</small>	5	Morning Connections Music & Movement Hydration/Snack Walking Club Set Up for Lunch Cottage Involvement Afternoon Connections Sit and Dance with Becky Word Ladder Hydration/Snack Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	6	Morning Connections Fitness: Lower Body Hydration/Snack Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Crafty Creations Set Up for Dinner Cottage Involvement Relaxation Station National Bingo Players Day!	7	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	8	Morning Connections Chair Chi with Davey Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement	9		
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement  <small>Daylight Saving Time Begins</small>	10	Morning Connections Trivia: March Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	11	Gussy Up Daily Chronical Hydration/Snack Fitness Fun Set Up for Lunch Cottage Involvement Scenic Drive/ Arm Chair Travel Hydration/Snack Entertainment: Bill Bear Set Up for Dinner Cottage Involvement Relaxation Station National Pick a Flower Day!	12	Morning Connections Music & Movement Hydration/Snack Walking Club Set Up for Lunch Cottage Involvement Afternoon Connections Sit and Dance with Fedora Word Ladder Hydration/Snack Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	13	Morning Connections Fitness: Lower Body Hydration/Snack Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Crafty Creations Set Up for Dinner Cottage Involvement Relaxation Station Popcorn Lovers Day!	14	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	15	Morning Connections Morning Exercise Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections CNA's Choice Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement	16		
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement  <small>St. Patrick's Day</small>	17	Morning Connections Trivia: March Fun Facts Hydration/Snack Irish Jigs and Chair Chi Set Up for Lunch Cottage Involvement Creative Story Time Sports and Games Hydration/Snack St Patty's Day Parade Comedy Hour in the Theater Sing-along with Oh Danny Boy Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	18	Gussy Up Daily Chronical Hydration/Snack Fitness Fun Set Up for Lunch Cottage Involvement Scenic Drive/ Arm Chair Travel Hydration/Snack Entertainment: John Green Set Up for Dinner Cottage Involvement Relaxation Station National Puppy Day!	19	Morning Connections Music & Movement Hydration/Snack Outside Walking Club Set Up for Lunch Cottage Involvement Afternoon Connections Sit and Dance with Becky Word Ladder Hydration/Snack Reminiscing "Spring Vacations" Set Up for Dinner Cottage Involvement Midnight Manicures <small>Spring Begins</small>	20	Morning Connections Fitness: Lower Body Hydration/Snack Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Crafty Creations Set Up for Dinner Cottage Involvement Relaxation Station National Butterfly Day! <small>Purim</small>	21	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	22	Morning Connections Morning Exercise Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement	23		
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	24	Morning Connections Trivia: March Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	25	Gussy Up Daily Chronical Hydration/Snack Waffle Love Fitness Fun Set Up for Lunch Cottage Involvement Scenic Drive/ Arm Chair Travel Hydration/Snack Entertainment: Wayne Hovey Set Up for Dinner Cottage Involvement Relaxation Station National Waffle Day!	26	Morning Connections Music & Movement Hydration/Snack Walking Club Set Up for Lunch Cottage Involvement Afternoon Connections Sit and Dance with Fedora Word Ladder Hydration/Snack Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	27	Morning Connections Fitness: Lower Body Hydration/Snack Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Crafty Creations: Tie Blankets Set Up for Dinner Cottage Involvement Relaxation Station National Quilting Day!	28	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	29	Morning Connections Morning Exercise Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement	30		
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	31														

