

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Legacy Village of Sugar House

<p>11:00 Ted Talk (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center: Aqua Fit (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 The Places We Will Go: Hong Kong (TR)</p> <p>1:30 Bingo (FR)</p> <p>2:00 Matinee (TR)</p> <p>3:00 Movie Planning Meeting (FR)</p> <p>3:30 Jewelry Class (WR)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:15 Strawberry Banana Parfaits (H5)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>10:45 Smoothie/Orange Julius Bar (H5)</p> <p>11:00 Store Loop: West Sugar House (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Brain Games (BC)</p> <p>2:30 Matinee (TR)</p> <p>3:00 The Art Box: Canvas (FR)</p> <p>6:30 Movie (Action) (TR)</p> <p>6:15 Ice Cream Waffle Sundae (H5)</p>	<p>10:30 Fitness Class: Stronger Seniors (FR)</p> <p>11:15 Preschool Story Time (FR)</p> <p>2:00 Poetry Hour (BC)</p> <p>2:30 Matinee (TR)</p> <p>3:00 Stretch and Meditation (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>3:45 Men's Social Club (WR)</p> <p>5:00 Out to Dinner: Sicilia Mia (L1)*\$</p> <p>6:15 Summer Throwback: Frozen Lemonade (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>11:00 Knotty Knitters Handy Work (BC)</p> <p>1:30 Holiday Wreath with Sue Bell (FR)</p> <p>2:00 Pizza Bar (H5)</p> <p>3:00 Bonwood Bowling Alley</p> <p>2:30 Matinee (TR)</p> <p>3:30 Gamers Group: Rummikub (H5)</p> <p>6:30 Movie (Drama) (TR)</p> <p>6:15 Waffle Love (H5)</p>	<p>9:30 Fairmont Aquatic Center: Aqua Motion (L1)*\$</p> <p>10:00 Bingo (H5)</p> <p>11:00 Fitness Class: Minding Motion (FR)</p> <p>1:30 Store Loop: East Sugar House (L1)*</p> <p>2:30 Matinee (TR)</p> <p>4:00-5:30 Wine and Cheese Social (H5)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC)</p> <p>10:30 Stronger Seniors (TR)</p> <p>2:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary – Planet Earth (TR)</p>
<i>Groundhog Day</i>						
<p>11:00 Ted Talk (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center: Aqua Fit (L1)*\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 The Places We Will Go: 7 Wonders of the World (TR)</p> <p>1:30 Bingo (FR)</p> <p>2:00 Matinee (TR)</p> <p>3:00 Resident Council (FR)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:15 Strawberry Banana Parfaits (H5)</p> <p>6:30 Wine Tasting: Gallivan Center (L1) *\$</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>10:45 Smoothie/Orange Julius Bar (H5)</p> <p>11:00 Store Loop: Brickyard Plaza (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Brain Games (BC)</p> <p>2:30 Matinee (TR)</p> <p>3:00 The Art Box: Crafty Creation (H5)</p> <p>6:30 Movie (Action) (TR)</p> <p>6:30 Ice Cream Waffle Sundae (H5)</p>	<p>10:30 Fitness Class: Stronger Seniors (TR)</p> <p>11:15 Preschool Story Time (FR)</p> <p>12:00 Out to Lunch: The Dodo (L1) * \$</p> <p>2:00 Poetry Hour (BC)</p> <p>2:30 Matinee (TR)</p> <p>3:30 Mini Manicures (H5)</p> <p>3:45 Men's Social Club (WR)</p> <p>6:15 Summer Throwback: Frozen Lemonade (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>11:00 Knotty Knitters Handy Work (BC)</p> <p>2:00 Nacho Bar (H5)</p> <p>2:30 Matinee (TR)</p> <p>3:30 Gamers Group: Cards (H5)</p> <p>6:30 Movie (Drama) (TR)</p> <p>6:30 "Conversation Hearts" Dance (H5)</p>		
<i>Valentine's Day</i>						
<p>11:00 Ted Talk (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center: Aqua Fit (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 The Places We Will Go: Lost World of Atlantis (TR)</p> <p>1:30 Bingo (FR)</p> <p>2:00 Matinee (TR)</p> <p>3:30 Jewelry Class (FR)</p> <p>6:15 Strawberry Banana Parfaits (H5)</p> <p>6:30 Movie (Comedy) (TR)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>10:45 Smoothie/Orange Julius Bar (H5)</p> <p>11:00 Store Loop: West Store Loop (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Brain Games (BC)</p> <p>2:30 Matinee (TR)</p> <p>3:00 The Art Box: Canvas (H5)</p> <p>6:30 Movie (Action) (TR)</p> <p>6:30 Ice Cream Waffle Sundae (H5)</p> <p>6:30 Entertainment: The Susan Bush Band (FR)</p>	<p>10:30 Fitness Class: Stronger Seniors (TR)</p> <p>11:15 Preschool Story Time (FR)</p> <p>2:00 Poetry Hour (BC)</p> <p>2:00 Speaker: Tim Chambliss (FR)</p> <p>2:30 Matinee (TR)</p> <p>3:00 Stretch and Meditation (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>3:45 Men's Social Club (WR)</p> <p>5:00 Out to Dinner: Flemings Steakhouse (L1)*\$</p> <p>6:15 Summer Throwback: Frozen Lemonade (H5)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>11:00 Knotty Knitters Handy Work (BC)</p> <p>1:30 Wilmington Community Spa Day (FR)</p> <p>2:00 Pizza Bar (H5)</p> <p>2:30 Matinee (TR)</p> <p>3:30 Gamers Group: Rummikub (H5)</p> <p>6:15 Waffle Love (H5)</p> <p>6:30 Movie (Drama) (TR)</p>	<p>9:30 Fairmont Aquatic Center: Aqua Motion (L1)*\$</p> <p>10:00 Bingo (H5)</p> <p>11:00 Fitness Class: Minding Motion (FR)</p> <p>1:30 Store Loop: Downtown Harmons (L1)*</p> <p>2:30 Matinee (TR)</p> <p>4:00-5:30 New Comers Social with Music from Scott Larrabee (FR)</p> <p>6:30 Movie (Classics) (TR)</p>	<p>9:00 Current Events: Salt Lake Tribune (BC)</p> <p>10:30 Stronger Seniors (TR)</p> <p>2:30 Matinee (TR)</p> <p>3:00 Tea Time (WR)</p> <p>4:45 St. Ambrose Catholic Church Services (L1)</p> <p>6:30 Movie: Documentary-Planet Earth (TR)</p>
<i>Presidents' Day (US)</i>						
<p>11:00 Ted Talk (TR)</p> <p>1:30 LDS Sacrament Meeting (FR)</p> <p>2:00 Root Beer Floats (H5)</p> <p>2:30 Movie: Documentary Replay (TR)</p> <p>3:00 Jigsaw Puzzles (BC)</p> <p>6:30 Sunday Night Movie (TR)</p>	<p>8:30 Fairmont Aquatic Center: Aqua Fit (L1) *\$</p> <p>10:30 Fitness Class: Head to Toe (FR)</p> <p>11:00 The Places We Will Go: New Orleans A living Museum of Music (TR)</p> <p>1:30 Bingo (FR)</p> <p>2:00 Matinee (TR)</p> <p>3:30 Jewelry Class (FR)</p> <p>6:15 Strawberry Banana Parfaits (H5)</p> <p>6:30 Movie (Comedy) (TR)</p> <p>6:30 Entertainment: The Mixed Nuts (FR)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>10:45 Smoothie/Orange Julius Bar (H5)</p> <p>11:00 Store Loop: Trader Joe's (L1)*</p> <p>1:00 Bridge (WR)</p> <p>1:30 Brain Games (BC)</p> <p>2:30 Matinee (TR)</p> <p>3:00 The Art Box: Crafty Creation (H5)</p> <p>6:30 Movie (Action) (TR)</p> <p>6:30 Ice Cream Waffle Sundae (H5)</p> <p>6:30 Entertainment: Wayne Hovey (FR)</p>	<p>10:30 Fitness Class: Stronger Seniors (TR)</p> <p>11:15 Preschool Story Time (FR)</p> <p>12:00 Out to Lunch: Mazza (L1)*\$</p> <p>2:00 Poetry Hour (BC)</p> <p>2:00 Speaker: Healthy Heart with Encompass (FR)</p> <p>2:30 Matinee (TR)</p> <p>3:00 Stretch and Meditation (FR)</p> <p>3:30 Mini Manicures (H5)</p> <p>3:45 Men's Social Club (WR)</p> <p>5:30 Youth Group Project – Life Sketch (FR)</p> <p>6:30 Movie (New Release) (TR)</p>	<p>10:00 Fitness Class: Yoga with Isabelle (FR)</p> <p>11:00 Knotty Knitters Handy Work (BC)</p> <p>1:30 Outing: Top Golf (L1)*\$</p> <p>2:00 Nacho Bar (H5)</p> <p>2:30 Matinee (TR)</p> <p>3:00 Meet and Greet with the U of U (FR)</p> <p>3:30 Gamers Group: Cards (H5)</p> <p>6:15 Waffle Love (H5)</p> <p>6:30 Movie (Drama) (TR)</p>		
<p>KEY: Fairmont (FR) Wilmington (WR) Exercise Room (E5/E9) Business Center (BC) Hive on Five (H5) Theater (TR) First Floor Lobby (L1) Personal Expense (\$) Pool Table (F8) Library (L) Sign Up Required (*)</p>						



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Legacy Village of Sugar House Cottage

						Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Brain Games Set Up for Dinner Cottage Involvement	Morning Connections Morning Exercise Punxsutawney Phil Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement
							Groundhog Day
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	Morning Connections Trivia: February Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Afternoon Connections Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	Morning Connections Gussy Up Morning News: Today in China Hydration/Snack: Smoothie Bar Fitness: Chair Zumba Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Scenic Drive/Arm Chair Travel: Hong Day Hydration/Snack: Good Luck Tangerines Entertainment Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Music & Movement Hydration/Snack Preschool Story Hour Set Up for Lunch Cottage Involvement Afternoon Connections Sit and Dance with Becky Word Ladder Hydration/Snack Walking Club Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	Morning Connections Fitness: Lower Body Hydration/Snack: Smoothie Bar Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Valentines Crafty Creation Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	Morning Connections Morning Exercise Hydration/Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement	
		Chinese New Year					
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	Morning Connections Trivia: February Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Afternoon Connections Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	Morning Connections Gussy Up USA Today Hydration/Snack: Smoothie Bar Fitness: Balloon Games Set Up for Lunch Cottage Involvement Afternoon Connections Scenic Drive/ Arm Chair Travel Hydration/Snack Entertainment Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Music & Movement Hydration/Snack Preschool Story Hour Set Up for Lunch Cottage Involvement Afternoon Connections Ice Cream Social Game Shows: Price is Right Hydration/ Snack Walking Club Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	Morning Connections Fitness: Sit to Stand Hydration/Snack: Smoothie Bar Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Valentines Crafty Creation Valentine's Day Party Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	Morning Connections Morning Exercise Hydration/ Snack Set Up for Lunch Cottage Involvement Afternoon Connections CNA's Choice Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement	
				Valentine's Day			
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	Morning Connections Trivia: Presidential Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Afternoon Connections Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along: God Bless America Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	Morning Connections Gussy Up Google News Hydration/Snack: Smoothie Bar Fitness: Ribbon Movement Set Up for Lunch Cottage Involvement Afternoon Connections Scenic Drive/ Arm Chair Travel Hydration/Snack Entertainment Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Music & Movement Hydration/Snack Preschool Story Hour Set Up for Lunch Cottage Involvement Afternoon Connections Sit and Dance with Becky Word Ladder Hydration Walking Club Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	Morning Connections Fitness: Upper Body Hydration/Snack: Smoothie Bar Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Valentines Crafty Creation Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Bean Bag Toss Hydration/ Snack Fitness: Minding Motion Set Up for Lunch Cottage Involvement Afternoon Connections Cooking with the Cottage Hydration/Snack Walking Club Brain Games Set Up for Dinner Cottage Involvement	Morning Connections Morning Exercise Hydration/ Snack Set Up for Lunch Cottage Involvement Afternoon Connections Creative Art CNA's Choice Hydration/Snack Relaxation Station Set Up for Dinner Cottage Involvement African American History Month Fun Facts	
	Presidents' Day (US)						
Morning Connections Balloon Volleyball Hydration/Snack Color Me Calm CNA's Choice Set Up for Lunch Cottage Involvement Afternoon Connections 1:30 LDS Sacrament Meeting Afternoon Movie Set Up for Dinner Cottage Involvement	Morning Connections Morning Connections Trivia: February Fun Facts Hydration/Snack Chair Chi Set Up for Lunch Cottage Involvement Afternoon Connections Creative Story Time Sports and Games Hydration/Snack Comedy Hour in the Theater Sing-along Set Up for Dinner Cottage Involvement Sweet Dreams Retreat	Morning Connections Gussy Up Daily Chronical Hydration/Snack: Smoothie Bar Fitness: Bean Bag Toss Set Up for Lunch Cottage Involvement Afternoon Connections Scenic Drive/ Arm Chair Travel Hydration/Snack Entertainment Set Up for Dinner Cottage Involvement Relaxation Station	Morning Connections Music & Movement Hydration/Snack Preschool Story Hour Set Up for Lunch Cottage Involvement Afternoon Connections Ice Cream Social Game Shows Hydration/ Snack Walking Club Reminiscing Set Up for Dinner Cottage Involvement Midnight Manicures	Morning Connections Fitness: Lower Body Hydration/Snack: Smoothie Bar Book Club Set Up for Lunch Cottage Involvement Afternoon Connections Puzzles and Ponders: Bingo Flower Arranging Set Up for Dinner Cottage Involvement Relaxation Station			